

# Jasmín D. Llamas

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## EDUCATION

- Fellow**      **University of California, San Francisco, San Francisco, CA**      2013- 2014  
Clinical Internship and Research Fellowship  
Clinical Psychology Training Program, Public Service and Minority Cluster
- Ph. D.**      **University of California Santa Barbara, Santa Barbara, CA**      2009-2014  
Counseling, Clinical, School Psychology  
Certificate in College and University Teaching  
*Resilience in the Aftermath of a Technological Disaster:  
A Community-Based Mixed Methods Research Study*
- M.A.**      **University of California Santa Barbara, Santa Barbara, CA**      2011-2014  
Research Methodology  
*Model of Co-occurring Trauma and Substance Use:  
Applying Latent Transition Analysis Methods to Cross-sectional Data*
- M.A.**      **Santa Clara University, Santa Clara, CA**      2006-2009  
Counseling Psychology (Latino Emphasis)
- B.S.**      **Santa Clara University, Santa Clara, CA**      2002-2006  
Combined Sciences and Psychology

## AREAS OF RESEARCH/ INTERESTS:

Research interests focus on examining and addressing health disparities among underserved and disadvantaged populations

## PROFESIONAL APPOINTMENT

- Assistant Professor**      2014-present  
Department of Counseling Psychology  
Santa Clara University, Santa Clara, CA

## GRANTS

- NIH-NCI Diversity Supplement (2015)  
University Research Grant (2015)  
Chicano Studies Institute Grant (2012)  
Graduate Dissertation Research Award for Social Science Surveys (2012)  
Chicano Studies Institute Grant (2010)  
Hosford Fellowship Research Award (2010)  
Research Excellence Grant (2008)

## PEER-REVIEWED PUBLICATIONS

- Turner, E., Cheng, H., **Llamas, J. D.**, Tran, A., Hill, K. X., Fretts, J. M., & Mercado, A. (2016). Factors impacting the current trends in the use of outpatient psychiatric treatment among diverse ethnic groups. *Current Psychiatry Reviews*, 12(4), 1-22.
- Morgan Consoli, M., **Llamas, J. D.**, Consoli, A. (2016). What's values got to do with it? Thriving among Mexican American college students. *Journal of Multicultural Counseling and Development*, 44(1), 49-64.
- Piña-Watson, B., **Llamas, J. D.**, & Stevens, A. (2015). Attempting to successfully straddle the cultural divide: Hopelessness model of mental health and caregiver connection for Mexican descent adolescents. *Journal of Counseling Psychology*, 62(4), 670-681.
- Morgan Consoli, M., Delucio, K., Noriega, E., **Llamas, J. D.** (2015). Predictors of resilience and thriving among Latina/o undergraduate students. *Hispanic Journal of Behavioral Sciences*, 37(3), 1-15.
- Llamas, J. D.** , Lopez, S. A., & Quirk, M. (2014). Listening to students: Examining underlying mechanisms that contribute to the AVID program's effectiveness. *Journal of Education for Students Placed at Risk*, 19, (3), 196-214.
- Morgan Consoli, M., **Llamas, J. D.**, Cabrera, A. P., Noriega, E., & Gonzalez, N. (2014). An exploratory study of thriving in Latina/o undergraduate students in the U.S. *Interamerican Journal of Psychology*, 48(1), 106-118.
- Morgan Consoli, M. L., & **Llamas, J.** (2013). The relationship between Mexican American cultural values and resilience: A mixed methods study. *Journal of Counseling Psychology*, 60(4), 617-624.
- Llamas, J. D.** & Ramos-Sanchez, L. (2013). The role of peer support on intragroup marginalization for Latino undergraduates. *Journal of Multicultural Counseling and Development*, 41(3), 158-168.
- Llamas, J. D.**, & Morgan, M. L. (2012) The Importance of familia for Latina/o college students: Examining the role of familial support on intragroup marginalization. *Cultural Diversity and Ethnic Minority Psychology*, 18(4), 395-403.
- Solomon, B. J., Campero, J., **Llamas, J. D.**, & Sweester, C. (2012). Psychosocial contributors to delinquent decision making: Toward a conceptual framework for adolescent female offending. *Women and Criminal Justice*, 22(4), 265-288.
- Morgan, M. L., Lopez, S., Gonzalez, N., **Llamas, J. D.** & Cabrera, A. P. & Oretaga, S (2011). Resilience and thriving in the Latino/a population: Intersections and discrepancies. *Revista Interamericana de Psicología*, 45(3), 351-362.
- Kroth, J. **Llamas, J.**, Pisca, N., Bourret, K., & Kollath, M. (2008). Effects of music preference on

dreams. *Psychological Reports*, 103, 93-96.

## BOOK CHAPTERS

Feldman, D. B., & **Llamas, J. D.** (2010). Important issues in working with family caregivers of terminally ill patients. In S. H. Qualls & J. Kasl-Godley (Eds), *End-of-life issues, grief, and bereavement: What clinicians need to know*, Hoboken, NJ: Wiley.

## BOOK REVIEWS

Axelman, M., & **Llamas, J. D.** Troubled teens, troubled thinking: The part-object as the whole enchilada (2008). *PsycCritiques*, 53(5).

## NON PEER-REVIEWED PUBLICATIONS

**Llamas, J. D.** (2014). A name change for a new era. *gradPSYCH*. Retrieved from: [www.gradpsychblog.org/a-name-change-for-a-new-era](http://www.gradpsychblog.org/a-name-change-for-a-new-era)

**Llamas, J. D.** (2013). Graduate student representative column, *Focus*, 25(1), 22-23.

**Llamas, J. D.** (2013). Graduate student representative column, *Focus*, 24(2), 11.

**Llamas, J. D.** (2012). Graduate student representative column, *Focus*, 24(1), 11.

**Llamas, J. D.** (2011). Announcements and achievements. *The Diversity Factor, Summer 2011*, 22-23.

## MANUSCRIPTS UNDER REVIEW

**Llamas, J. D.**, & Morgan-Consoli. Latino/a freshman struggles: Effects of locus of control and social support on intragroup marginalization and distress.

## MANUSCRIPTS IN PREPARATION

**Llamas, J. D.**, Nylund-Gibson, K., Larsen, J., & Cosden, M. Model of Co-occurring Trauma and substance use: Applying Latent Transition Analysis Methods to Cross-sectional Data

**Llamas, J. D.**, Nguyen, K\*, & Tran, A. The case for more professors of color: Modeling role of student-professor ethnic match on college outcomes.

\*CPSY Student

## PRESENTATIONS

Llamas, J. D., Holmes, L. M., Ling, P. M. (215, Oct.). *Impact of Intragroup Marginalization and Discrimination on Youth Adult Tobacco and Marijuana Use*. Poster presented at the UCSF Health Disparities Research Symposium, San Francisco, CA.

- Vasquez, M., **Llamas, J.**, & Harrison, L. (2015, Aug.). *The Evolving Importance of Diversity Across the Career Span*. Roundtable presented at the 2015 American Psychological Association Annual Convention, Toronto, Ontario.
- Fucetola, C.\*, **Llamas, J.**, & Gilligan, C. (2015, Aug.). *Getting gritty with it: Exploring predictors of grit among college students*. Poster presented at the 2015 American Psychological Association Annual Convention, Toronto, Ontario.
- Llamas, J.** & Morgan Consoli, M. (2014, Aug.) *Freshman struggles: Role of Locus of Control on Intragroup Marginalization and Distress*. Poster presented at the 2014 American Psychological Association Annual Convention, Washington, DC.
- Llamas, J.** & Berman, A. (2014, Aug.) *Insersecting identities in academic and clinical settings*. Roundtable presented at the 2014 American Psychological Association Annual Convention, Washington, DC.
- Llamas, J.** (2014, July). *Discrimination and Intragroup Marginalization on young adult tobacco use*. Poster presented at the 2014 APA-SAMHSA Minority Fellowship Program Psychology Summer Institute, Washington, D.C.
- Llamas, J.** & Morgan Consoli, M. (2013, Aug.). *Making it through together: Community responses to disaster*. Paper presented at the 2013 American Psychological Association Annual Convention, Honolulu, HI.
- Llamas, J.** & Morgan Consoli, M. (2013, Aug.). *The importance of familia for Latina/o college students*. Paper presented at the 2013 American Psychological Association Annual Convention, Honolulu, HI.
- Llamas, J.** & Ramos-Sanchez, L. (2013, Aug.). *Factors contributing to Latina/o college adjustment*. Poster presented at the 2013 American Psychological Association Annual Convention, Honolulu, HI.
- Morgan Consoli, M., Delucio, K., Noriega, E., & **Llamas, J.** (2013, Aug.). *Predictors of resilience and thriving among Latino/a undergraduates*. Poster presented at the 2013 American Psychological Association Annual Convention, Honolulu, HI.
- Ellis, M., Tadrous, S., **Llamas, J.**, Bellete, N., & Clements, M. L. (2013, Aug.). *Graduate school challenges, identity integration, and coping responses of Lesbian and Bisexual Women*. Poster presented at the 2013 American Psychological Association Annual Convention, Honolulu, HI.
- Morgan Consoli, M., Noriega, E., Delucio, K., Namkung, C., **Llamas, J.**, Cabrera, P., Pavone, D., & Pham, P. (2013, Jan). *Thriving predication in Latina/o undergraduate students*. Poster presented at the 2013 National Multicultural Summit, Houston, TX.
- Llamas, J.**, Lopez, S., Quirk, M., & Latorre, C. (2012, August). *What makes AVID work?: Taking a student perspective to examine program effectiveness*. Poster presented at the 2012 American Psychological Association Annual Convention, Orlando, FL.

- Llamas, J.**, & M. Morgan Consoli. (2012, August). *Does a red cup really make college easier?: The role of intragroup marginalization on Latina/o college adjustment and alcohol consumption*. Poster presented at the 2012 American Psychological Association Annual Convention, Orlando, FL.
- Morgan Consoli, M. L., Cabrera, A. P., **Llamas, J.**, Noriega, E., Gonzalez, N., De Lucio, K., Namkung, C., & Lopez, S. (2012, August). *An exploratory study of thriving in Latino/as*. Poster presented at the 2012 American Psychological Association Annual Convention, Orlando, FL.
- Morgan Consoli, M. L., & **Llamas, J.** (2012, May). *Influence of cultural values among Mexican college students*. Paper presented at the 2012 Qualitative Inquiry Conference, Champaign-Urbana, IL.
- Morgan Consoli, M. L., Cabrera, A. P., Casas, J. M., Prado, G., Noriega, E., **Llamas, J.**, Martinez, J., Ritchie, T. (2012, May). *The Santa Barbara Wellness Project: Evaluating two years of trainings*. Paper presented at the 2012 Qualitative Inquiry Conference, Champaign-Urbana, I.L.
- Llamas, J.**, Lopez, S., Gonzales, N., Cabrera, A., Noriega, E., Morgan, M., & Gheysens, N. (2011, August). *Characteristics of future leaders: Mediating effects of gender on resilience among Latino/as*. Poster presented at the 2011 American Psychological Association Annual Convention, Washington, D.C.
- Llamas, J.**, & Morgan, M. (2011, August). *Where are all our brown leaders?: Latina/o college students' experiences of intragroup marginalization on college adjustment, resilience, and thriving*. Poster presented at the 2011 American Psychological Association Annual Convention, Washington, D.C.
- Lopez, S., **Llamas, J.**, Ortega, S., Morgan, M. (2011, August). *Resilience among Mexican immigrants: Exploration of the construct of resilience*. Poster presented at the 2011 American Psychological Association Annual Convention, Washington, D.C.
- Lopez, S., **Llamas, J.**, & Quirk, M. (2011, August). *What Makes AVID Work?: Investigation of the Advanced Via Individual Determination program on students' motivation, protective factors, and resilience*. Poster presented at the 2011 American Psychological Association Annual Convention, Washington, D.C.
- Morgan, M. L., Cabrera, A. P., **Llamas, J.**, Noriega, E., Gonzalez, N., & Lopez, S. (2011, June). *Thriving in Latino/a immigrants to the U.S.: A qualitative study*. Symposium presented at the XXXIII Congreso Interamericano de Psicología, Medellín, Columbia.
- Solomon, B. J., Campero, J., **Llamas, J.**, & Brecht, C. (2010, November) *Developing a conceptual framework for adolescent female offending: Psychosocial characteristics and delinquent decision making*. Paper presented at the 2010 American Society of Criminology, San Francisco, CA.
- Morgan, M.L., Cabrera, A., **Llamas, J.**, & Gonzales, N. (2010, November). *The mentor/mentee*

*relationship for Latina doctoral students.* Presented at a symposium on Mentoring in Latina professional development: Lessons learned in the journey at the National Latina/o Psychological Association Conference, San Antonio, TX.

**Llamas, J. & Morgan, M.** (2010, November). *The Importance of family for Latina undergraduates: Impacts of experiences of intragroup marginalization on college adjustment.* Presented at the National Latina/o Psychological Association Conference, San Antonio, TX.

Morgan, M. L., Lopez, S. A., Cabrera, A. P., Ortega, S., **Llamas, J.**, Gonzales, N., & Lima, C. (2010, November) *Thriving and resilience in Latino/a populations: Intersections and discrepancies.* Poster presented at the National Latina/o Psychological Association Conference, San Antonio, TX.

**Llamas, J. & Ramos-Sanchez, L.** (2010, Aug). *Impact of friends on the college experience of Latino students.* Poster presented at the 2010 American Psychological Association Annual Convention, San Diego, CA.

Solomon, B. J., Roberts-Douglass, K., **Llamas, J.**, & Carrow, J. (2009, April) *Decision making among delinquent adolescents.* Poster presented at the Western Psychological Association, Portland, Oregon.

**Llamas, J. & Ramos-Sanchez, L.** (2009, Jan.). *Intragroup marginalization and acculturative stress among Latino college students.* Poster presented at the National Multicultural Conference Summit, New Orleans, LA.

**Llamas, J., & Ramos-Sanchez, L.** (2008, Nov.). *Intragroup marginalization among Latino undergraduates.* Poster presented at the National Latina/o Psychological Association Conference, Costa Mesa, CA.

Kroth, J., **Llamas, J.**, Pisca, N., Bourret, K., & Kollath, M. (2007, July). *Dreams and music preference .* Presented at the Annual Conference of the International Association for the Study of Dreams, Sonoma, CA.

**Llamas, J.** (2007, July) *Needs assessment for program implementation in a school setting.* Paper presented at the SDFDC Grantee Learning Community Conference, San Jose, CA.

Kroth, J., **Llamas, J.**, Pisca, N., Bourret, K., & Kollath, M. (2007, September) *The effects of music preference on dreams.* Presented at the Dreams and Culture: 2<sup>nd</sup> International Conference of Nordic and European Network for the Study of Dreams, Lincoln, England, U.K.

## **RESEARCH EXPERIENCE**

### **Primary Investigator (2015-present)**

The Burden of Debt: Effects of Student Loan Debt on Academic Persistence among Economically Diverse College Students  
Santa Clara University

- Internal grant funded to conduct phase one of a longitudinal study examining the effects of student loan debt and loan stress on college student academic and health outcomes

**Primary Investigator (2015-present)**

Discrimination and Intragroup Marginalization impacts on Young Adult Tobacco Use  
Santa Clara University & University of California, San Francisco

- NIH-NCI funded Diversity Supplement conducting secondary data analysis to explore patterns of discrimination and intragroup marginalization on young adult tobacco use

**Co-Investigator (2015-present)**

Mexican Descent Youth Study  
Santa Clara University

- Examine various factors impacting academic and health outcomes for Mexican descent youth in high school
- One publication is in press, a second will begin focused on cultural values and health

**Investigator (2015-present)**

Qualitative Experiences of Intragroup Marginalization  
Santa Clara University

- Use a mixed methods approach to explore intragroup marginalization among Latina/o college freshman
- Qualitative analysis has been completed
- Future work will focus on integrating quantitative and qualitative findings for publication

**Co-Investigator (2014-present)**

Longitudinal Effects of Student Loan Debt on Perceived Returns and Academic Persistence Among Socioeconomically Diverse College Students  
Santa Clara University

- Develop study across three universities to examine longitudinal impacts of student loan debt across socioeconomically diverse students
- Three grants have been submitted
- A research assistant will be hired to create the online survey and aid in recruitment

**Co-Investigator (2013-present)**

Discrimination and Intragroup Marginalization Impacts on Young Adult Tobacco Use  
University of California, San Francisco

- Examine experiences of discrimination and intragroup marginalization among diverse young adults, using a mixed methods approach, to identify how these experiences impact tobacco use and motivating factors to use or not use.
- The National Institute of Health, National Cancer Institute Supplement to Promote Diversity in Health-Related Research was awarded to support this research
- Presentation of preliminary findings presented at UCSF Health Disparities Symposium

**Primary Investigator (2010-2014)**

Model of Co-occurring Trauma and Substance Use: Applying Latent Transition Analysis Methods to Cross-sectional Data

University of California Santa Barbara, Santa Barbara, CA  
Supervisor: Karen Nylund-Gibson Ph.D.

- Develop and test a new application method for latent transition analysis using cross-sectional data
- Data acquired and cleaned from Santa Barbara County drug court

**Primary Investigator: Doctoral Dissertation (2010-2014)**

Resilience in the Aftermath of a Technological Disaster: A Community-Based Mixed Methods Study  
University of California Santa Barbara, Santa Barbara, CA

Proposed: June 2012

Anticipated Defense: September 2013

Advisor: Melissa Morgan Consoli, Ph.D.

- Designed and implemented a study to examine psychological impacts of a community following the explosion of a natural gas pipeline in a residential neighborhood
- Wrote and submitted protocols for Institutional Review Board
- Applied for and managed grant funding
- Conducted a needs assessment with community members to develop project goals and objectives, with community members involved throughout the research process
- Conducted a two phase mixed methods study, using survey and open-ended questions and follow-up interviews
- Trained and supervised undergraduate research assistants in data collection

**Graduate Researcher (2010-2013)**

GauchosFYI, University of California Santa Barbara, Santa Barbara, CA

Supervisor: Maryam Kia-Keating, Ph.D.

- Evaluated the effectiveness of a college intervention to reduce risk behaviors, including sexual activity and substance use
- Carried out group intervention with freshman students
- Cleaned and organized data for analysis
- Analyzed pre and post data for participants and control group
- Created report outline program outcomes

**Project Coordinator (2010-2013)**

Resilience/Thriving Scale, University of California Santa Barbara, Santa Barbara, CA

Supervisor: Melissa Morgan Consoli, Ph.D.

- Created resilience/thriving scale based on previous research and literature
- Conducted literature reviews, collected data via internet survey, and analyzed psychometrics of scale

**Graduate Researcher (2010-2013)**

Mexican-American Cultural Values, University of California Santa Barbara, Santa Barbara, CA

Supervisor: Melissa Morgan Consoli, Ph.D.

- Created research project to examine Mexican-American values impact undergraduates perceptions of problem-solving
- Conducted literature reviews, collected data via internet survey, and analyzed qualitative data with CQR and quantitative data with statistical software package

**Graduate Researcher (2010-2012)**

Thriving Qualitative Project, University of California Santa Barbara, Santa Barbara, CA

Supervisor: Melissa Morgan Consoli, Ph.D.

- Attended meetings with research team
- Developed research project with research team to examine intergenerational differences of resilience among Latina/o college students
- Recruited participants and conducted interviews
- Analyzed data using CQR

**Project Coordinator (2010-2012)**

AVID program, University of California Santa Barbara, Santa Barbara, CA

Supervisor: Matt Quirk, Ph. D.

- Created research project with team to examine internal impacts of the AVID program on students
- Wrote and submitted protocols for Institutional Review Board
- Conducted literature reviews, collected data in high schools, and analyzed with qualitative and quantitative methods
- Managed two research assistants in data collection, data entry, and transcription
- Prepared manuscripts for publication

**Graduate Research Assistant (2010-2011)**

PTSD Research Study Cottage Hospital, Santa Barbara, CA

Supervisor: Paul Erickson, M.D.

- Conducted assessments and follow-up assessments with trauma patients to determine cross-cultural predictors of post traumatic stress disorder in hospitalized trauma patients

**Primary Investigator (2009-2011)**

Impacts of Intragroup Marginalization among Latina/o Students

University of California Santa Barbara, Santa Barbara, CA

Supervisor: Melissa Morgan Consoli, Ph.D.

- Designed and implemented a study to examine impacts of intragroup marginalization among Latina/o college students
- Applied and managed grant funding
- Wrote and submitted protocols for Institutional Review Board
- Applied for and managed grant funding
- Collected and analyze data
- Prepared manuscript for publication

**Graduate Researcher (2009-2011)**

Resilience and Thriving, University of California Santa Barbara, Santa Barbara, CA

Supervisor: Melissa Morgan Consoli, Ph.D.

- Attended meetings with research team
- Created literature reviews on resilience and thriving
- Gathered data for study examining resilience and thriving among Latinos within the community

- Analyzed data using both quantitative and qualitative methods
- Wrote research results and findings
- Prepared manuscript for publication

**Primary Investigator: Master's Thesis (2007-2009)**

Intragroup Marginalization and Peer Support among Latina/o Students  
 Santa Clara University, Santa Clara, CA  
 Supervisor: Lucy Ramos-Sanchez Ph.D.

- Designed and implement a study to examine impacts of intragroup marginalization among Latina/o college students and mediating impacts of peer support
- Wrote and submitted protocols for Institutional Review Board
- Applied for and managed grant funding
- Collected and analyzed data
- Prepared manuscript for publication

**Research Analyst (2007-2009)**

Department of Drug and Alcohol Services, Data Analysis and Evaluation, Santa Clara, CA  
 Supervisor: Deane Wiley, Ph.D.

- Attended Integrated Partnership meetings with representatives from various departments and outside treatment providers
- Assisted in on-going needs assessment of the county's substance abuse population to help determine the most cost effective way of using available resources
- Assisted in monitoring data quality and performance measures
- Performed statistical analyses and needs assessment for several outcome and performance measure projects, such as Calworks Project, Substance Abuse Crime Prevention Act, and Network for the Improvement of Addition Treatment
- Generated reports for policy and decision making for federal and state funding, such as Capacity Reports and Productivity Reports
- Worked on projects requiring cross-departmental project teams (i.e. work with Social Services and Mental Health to examine effectiveness of the state Calworks project)

**Project Coordinator (2005-2007)**

Department of Drug and Alcohol Services, Data Analysis and Evaluation, Santa Clara, CA  
 Supervisor: Deane Wiley, Ph.D.

- Managed the evaluation of a bullying prevention program funded by a state grant (Safe and Drug Free Schools) being implemented in the East Side Union High Schools
- Attended cross-departmental meetings with attendants from the county and school district.
- Supervised and lead two research assistants, creating schedules and delegating and overseeing tasks
- Organized and conducted key informant interviews
- Established and carried out data collection procedures and monitored data entry
- Performed data analysis to generate mid-project and annual reports, examining progress outcomes
- Conducted data analysis and assist the Lead Evaluator in the final report write-up

**Research Assistant (2005-2009)**

Santa Clara University, Santa Clara, CA

Supervisor: Brett Solomon, Ph.D.

- Assisted in examination of juvenile detainees' decision-making and self-esteem while also evaluating the implementation of the Health Realization Program in juvenile detention facilities
- Conducted semi-structured interviews of detainees
- Analyzed qualitative and quantitative data
- Prepared findings for presentations and manuscripts

**Research Assistant (2000-2005)**

Santa Clara University, Santa Clara, CA

Supervisor: Lucy Ramos-Sanchez, Ph.D.

- Examined current research on ethnic minorities and their college experiences, specifically searching for ties between college adjustment and ethnic identity
- Examined research across documented and undocumented immigrants
- Wrote abstracts that summarized the current status of research and compiled lists of useful resources for the project

**TEACHING EXPERIENCE****Assistant Professor (2014-present)**

Counseling Psychology Department

Santa Clara University, Santa Clara, CA

- CPSY 218: Foundations of Psychotherapy and Personality
- CPSY 220: Research Methods
- CPSY 231: Multicultural Counseling
- CPSY 317: Interventions with Children

**Graduate Teaching Associate/ Instructor of Record (2011-2012)**

Counseling, Clinical, and School Psychology Department

University of California, Santa Barbara, Santa Barbara, CA

- CNCSP 101: Introduction to Applied Psychology

**Graduate Teaching Assistant (2010-2011)**

Counseling, Clinical, and School Psychology Department

University of California, Santa Barbara, Santa Barbara, CA

- CNCSP 101: Introduction to Applied Psychology
- CNCSP 110: Introduction to Educational & Vocational Guidance

**Teaching Interests:**

Research Methods, Multicultural Counseling, Counseling Theories and Skills, Latino Psychology and Interventions, Child Psychology and Interventions, Personality, Substance Abuse Treatment & Addictions, Health Disparities

## **CLINICAL EXPERIENCE**

### **Predoctoral Fellow/ Intern (2013-2014)**

Clinical Psychology Training Program, University of California San Francisco, San Francisco, CA

#### **Division of Substance Abuse and Addiction Medicine**

- Provide brief psychotherapy to patient enrolled in methadone maintenance

Supervisor: Valerie Gruber, Ph.D., M.P.H

#### **Hyperactivity, Attention, and Learning Problems Clinic**

- Co-lead child groups focused on behavioral interventions to provide social and life skills training for children with ADHD

### **Case Manager (2011-2013)**

Psychiatric Unit, Cottage Hospital, Santa Barbara, CA

Supervisor: Paul Erickson, M.D.

- Worked in a hospital setting with patients detoxing from drugs or alcohol or experiencing acute psychiatric symptoms
- Conducted assessments and structured clinical interviews with incoming patients
- Conducted individual, group, and family therapy
- Worked with multidisciplinary treatment team to develop and execute treatment plan
- Planned and executed discharge planning
- Worked with insurance companies, Medical, and Medicare for service authorization

### **Graduate Extern (2009-2010)**

Psychiatric Unit, Cottage Hospital, Santa Barbara, CA

Supervisor: Paul Erickson, M.D.

- Worked in a hospitalized setting with patients detoxing from drugs or alcohol or experiencing acute psychiatric symptoms
- Conducted assessments and structured clinical interviews with incoming patients
- Conducted individual, group, and family therapy
- Worked with multidisciplinary treatment team to develop and execute treatment plan
- Participated in weekly supervision

### **Interviewer (2010)**

CASE Treatment Program University of Santa Barbara, Santa Barbara, CA

Supervisor: Merith Cosden, Ph.D.

- Conducted interviews with college students who have completed an alcohol and drug program on campus for program evaluation

### **Graduate Student Clinician (2009-2010)**

Hosford Clinic University of Santa Barbara, Santa Barbara, CA

Supervisor: Collie Conoley, Ph.D.

- Conducted intakes with new potential clients
- Administered assessments to clients
- Wrote progress notes and treatment plans for all clients
- Conducted therapy using a variety of techniques

- Wrote-up and presented case conceptualizations
- Participated in weekly supervision

**MFT Trainee (2008-2009)**

Bill Wilson Center, Santa Clara, CA

Supervisor: Connie Chrysoglou, MFT

- Conducted individual, group, and family therapy in outpatient, residential, and school settings
- Performed grief counseling (all ages)
- Established and lead groups on variety of topics: grief, anger management, coping skills, social skills
- Conducted therapy sessions in English and Spanish
- Attended monthly trainings on various topics including: grief, eating disorders, conducting intakes
- Participated in individual and group supervision

**OTHER PROFESSIONAL EXPERIENCE**

**Consultant (2015-present)**

CHI Recovery Center, Sebastopol, CA

- Serve as a co-consultant to CHI Recovery Center (and addictions treatment center) to develop a system for evaluation for the new program as well as help to conduct a formative evaluation of the program in its current form
- Tasks including meeting with program staff, developing a logic model, and working collaboratively with the primary consultant

**Consultant (2015-present)**

Santa Clara County, Santa Clara, CA

- Serve as evaluator and consultant for Prevention Early Intervention programs funded by the Mental Health Services Act
- Tasks include meeting with program and county staff, developing and implementing a logic model and core outcomes, and conducting formative and summative program evaluations

**Consultant (2011-2012)**

Built On Logic, Santa Barbara, CA

- Served as a consultant for an internet start-up company developing a web based consumer software product with mobile application to help self treat specific disorders, paralleling a project from the University of Michigan
- Reviewed treatment research for stress and anxiety
- Structured content for treatment of insomnia and anxiety

**Resident Coordinator (2010-2011)**

Apartment and Community Living, University of Santa Barbara, Santa Barbara, CA

- Facilitate neighborhood development and coordinate community events
- Assist residents in becoming connected to the campus community
- Educate residents about community standards and uphold policies

## **UNIVERSITY, DEPARTMENTAL, PROFESSIONAL SERVICE**

### **UNIVERSITY**

#### **Faculty Senate (2015-present)**

- Serve as the departmental representative for the Faculty Senate, expressing the needs and concerns of the faculty and well as keeping the department abreast of relevant issues
- Meet monthly for two hours and prepare and read relevant documents prior to meetings

#### **Ignatian Faculty Forum (2015-present)**

Santa Clara University

- Faculty leadership program to promote and develop future leaders
- Meet monthly for four hours and addition to complete additional outside readings

#### **Adobe Lodge Board (2015-present)**

Santa Clara University

- Serve as the School representative
- Review budge, provide recommendations for service improvement, disseminate information to the school concerning Lodge service and special events.
- Meet monthly for approximately 1.5 hours

### **DEPARTMENTAL**

#### **Faculty Advisor, Students of Color Group (2015-present)**

Counseling Psychology, Santa Clara University

- Oversee graduate student association student of color group intended to support graduate students of color

#### **Doctoral Planning Committee (2014-present)**

Counseling Psychology, Santa Clara University

- Recruit, interview, and select program consultant to aid in developing doctoral program

#### **Curriculum Committee (2010-2012)**

Counseling, Clinical, School Psychology, University of Santa Barbara, Santa Barbara, CA

- Impacted decisions on student load, coursework, and credits
- Assisted in evaluating licensing and credential requirements
- Voiced student concerns and propose curriculum changes

#### **Admissions Committee (2010-2011)**

Counseling, Clinical, School Psychology, University of Santa Barbara, Santa Barbara, CA

- Helped to revise admissions policies
- Introduced department to prospective students, helped coordinate admissions interview weekend

#### **Student Affairs Committee (2010-2011)**

Counseling, Clinical, School Psychology, University of Santa Barbara, Santa Barbara, CA

- Addressed student issues/concerns and discuss policies that affect students
- Facilitated enhancement of student/faculty alliances
- Helped to coordinate Fall orientation for incoming students

## **PROFESSIONAL**

### **Program Co-Chair, Division 45 Conference** (2015-present)

Division 45, Society for the Psychology of Ethnic Minority Issues, American Psychological Association

- Aid in the planning for the Division 45 Conference to be held in June 2016

### **Website Manager**, (2014-present)

Division 45, Society for the Psychology of Ethnic Minority Issues, American Psychological Association

- Develop and manage website for Division 45
- Oversee the new website launch
- Update material on website
- Promote communication between members and the division

### **Executive Committee Student Representative** (2012-2014)

Division 45, Society for the Psychology of Ethnic Minority Issues, American Psychological Association

- Advertised, selected, and directed Division 45 student committee
- Created awards and grant opportunities for students, such as Division 45 Student Travel Award
- Assisted in planning webinars and other training opportunities for students
- Attend bi-annual meetings to discuss division issues
- Created protocol and process for future Student Representative elections

### **Committee Chair** (2012-present)

Committee of on Ethnic Minority Affairs (CEMA), American Psychological Association Graduate Students

- Selected and oversaw APAGS CEMA members
- Facilitated and organized committee members to develop resources and programming for ethnic minority students
- Served on the executive committee of APAGS, representing ethnic minority concerns, and attending executive meetings
- Advocated for ethnic minority students within APA

### **Regional Coordinator** (2011-2013)

Division 17, Student Affiliates of Seventeen (SAS), American Psychological Association

- Oversee and organize West Coast SAS program representatives
- Educate students in program about APA, Division 17, and SAS, the importance of professional involvement

- Disseminate Division 17 and SAS information to students
- Disseminate information about legislative issues affecting the research, training, and practice of counseling psychology to departmental students

**Student Representative (2011-2013)**

Division 17, Section on Ethnic and Racial Diversity, American Psychological Association

- Acted as student representative for section
- Collaborated with board members to increase student involvement and increase student membership
- Improved mentorship program by gathering student feedback

**Committee Member (2011-2012)**

Committee of on Ethnic Minority Affairs, American Psychological Association Graduate Students

- Represented and advocated for the perspectives and concerns of ethnic minority graduate students within the discipline of psychology
- Developed and advertised various educational and training opportunities for ethnic minority graduate students in psychology to increase membership and participation of ethnic minority graduate students within APAGS
- Engaged in advocacy activities to increase awareness of multicultural issues and cultural competence

**Membership Committee Member (2011-2012)**

Division 45, Society for the Psychology of Ethnic Minority Issues, American Psychological Association

- Developed and implement strategies with committee members to increase membership
- Focused on increasing student membership specifically as well as appropriate incentives
- Helped create a welcome packet for division members

**Associate Editor (2009-2013)**

Division 17, Section on Racial and Ethnic Diversity, American Psychological Association  
Supervisor: Joel Wong, Ph.D.

- Organized call for submissions for Section newsletter
- Wrote columns for newsletter
- Edited submissions
- Assembled and edited all submissions
- Provided layout for print

**Student Campus Representative (2009-2011)**

Division 45, American Psychological Association

- Acted as the division representative for the university and recruit student participation
- Collaborated with student representatives from different universities to increase student involvement and increase student membership

**HONORS & AWARDS**

Council of National Psychological Associations for the Advancement of Ethnic Minority Interests, Leadership Development Institute (2014)  
Minority Fellowship Program, Psychology Summer Institute (2014)  
Division 45 Presidential Recognition Award (2014)  
Finalist Grad Slam- Graduate Presentation (2013)  
2012-2013 SAS Regional Coordinator of the Year (2013)  
APA Division 17, SERD Student of the Year Award (2013)  
California Psychological Association Foundation Scholarship (2013)  
APA Student Travel Award (2012)  
Psi Chi Diversity Article Award (2012)  
Academic Senate Outstanding Teaching Assistant Award Nomination (2011)  
APA Student Travel Award (2010)  
APA Division 17, SERD Student of the Year Award (2010)  
Doctoral Scholars Fellow (2009-2013)  
Edward M. Fellows Foundation Scholarship (2008)  
Molina Healthcare Scholarship (2006-2007)  
Kenneth E. Blaker Endowed Scholarship (2008)  
Psychology Honors Society (2004-2006)  
Psi Chi (2003-2006)  
University Honors Program (2002-2006)  
Deans Scholarship Award (2002-2006)

## **PROFESSIONAL AFFILIATIONS**

Association of Psychological Sciences (APS)  
American Psychological Association (APA)  
Division 17: Society for Counseling Psychology  
    Section on Racial and Ethnic Minorities Student Affiliate (SERD)  
Division 45: Society for the Psychological Student of Ethnic and Racial Minorities  
National Latina/o Psychological Association (NLPA)